

NutriCare

NUTRICARE INSTANT FOOD THICKENER RECIPE SAMPLES

Juice and Fruits

Fresh Strawberries Parfait

2 Whole strawberries, stemmed and halved
2 tbs NutriCare Thickener

Blend fresh strawberries in bowl of a food processor. Gradually add NutriCare Thickener and blend well. Scrape bowl and blend until smooth consistency develops. Allow to rest 30 seconds. Season to taste with brown or white sugar, pure vanilla extract, or pure almond extract. Garnish with whipped topping or pureed banana.

Breakfast Food

Egg Scramble Treasure

2 eggs Whole eggs, scrambled
1 tbs Oleo, melted
1 oz Milk, hot
1 tbs NutriCare Thickener

Blend hot scrambled eggs in bowl of a food processor. Gradually add melted oleo and blend until mixed thoroughly. Next add hot milk in a thin stream and process until thoroughly mixed. Gradually add NutriCare Thickener and blend well. Scrape bowl and blend until a smooth consistency develops. Allow to rest 30 seconds. Mixture should be thick enough to hold its shape.

To serve portion NutriCare Thickener Egg Scramble Treasure onto a serving plate. Season to taste with salt, white pepper or chives. Garnish with shredded cheddar cheese, chopped parsley, chive or pureed pimento.

(For more recipes please contact 1-800-928-2090
or e-mail: corporate@deandistributors.com)